**The Correlation between Attitudes and Behavior of Z, Y, and Z Generations
About Complementary Postpartum Care Experience**

**Umi Baroroh**

**Politeknik Harapan Bersama**

umi.baroroh.ub@gmail.com

**ABSTRACT**

Socio-cultural factors have an important role in knowing the behavior and behavior of human life, one of which is in the postpartum period. The healing system in Indonesia experiences pluralism. Where various methods of treatment exist side by side, including humoral medicine and magical elements, one of which is some cultural views that have been passed down from generation to generation in Javanese culture. The purpose of this study is to find out the correlation between attitudes and behavior of z, y, and z generations about the experience of complementary postpartum care.
The population of this research is the female employees of Polytechnic Harapan Bersama as many as 63 people. The results of the study can be seen that the significance value or sig. (2-tailed) of 0.000, because the value of sig 0.000 <0.05, it can be concluded that there is a significant correlation between the variables of mother's attitude and mother's behavior towards postpartum services with Javanese culture. The correlation coefficient in the table above is positive, namely 0.556 which is included in a strong correlation, so the correlation is unidirectional.

*Keywords: Attitudes And Behavior; Z; Y; And Z Generations; Complementary Postpartum*